



# BLACK SEL + HIGHER EDUCATION

## OBJECTIVES

- 1 Identify the five Social Emotional Learning competencies.
- 2 Examine your strengths and areas of improvement as it relates to each SEL Competency.
- 3 Examine ways that each SEL competency can be supported in Higher Education
- 4 Examine ways that you can enhance the **Lived Civics Pillar** and **Inclusion of Community Stakeholders Pillar**

## REFLECTION

1

**HOW DO YOUR ACTIONS  
CONTRIBUTE TO SOCIETY IN A  
POSITIVE MANNER?**

2

**WHAT BIASES DO WE HAVE THAT  
PREVENT US FROM INVITING  
OTHERS TO OUR TABLE?**