# Black SEL + Hip Hop







### **EMPOWERMENT THROUGH EXPRESSION**

Utilize hip-hop elements as tools for dismantling oppression. The creativity and self-expression embedded in hip-hop can be a powerful vehicle for addressing social and emotional issues.

#### LYRICS ARE REFLECTIONS

Recognize hip-hop lyrics as in-depth reflections aligned to the 5 SEL competencies. Hip-hop lyrics unpack the impacts of racism and injustice, providing an opportunity for deep self-inquiry and fostering empathy and understanding.



## **CULTIVATE CRITICAL CONSCIOUSNESS**

Embrace hip-hop as a catalyst for critical thinking and social awareness. By integrating elements of hip-hop with black SEL, teachers and students can develop a heightened sense of social-emotional intelligence, actively contributing to positive change in society.



Founder,
We Do It For The Culture<sup>TM</sup>

